



## The Single Parent Resource Center

Serving New York City's Single Parents and Their Families Since 1975



### THE SINGLE PARENT RESOURCE CENTER ANNUAL REPORT – FISCAL YEAR 2023

The Single Parent Resource Center, Inc., located in mid-town Manhattan, was started in 1975 as a small pilot program of the Community Service Society of New York. Now, The Single Parent Resource Center is the only independent, not-for-profit organization devoted solely to providing education and support services to a racially and ethnically diverse population of more than 2,000 of New York City's single parent families annually. In addition, thousands of families from all around the country, and from around the world, access information about The Single Parent Resource Center's services through our website, Facebook page, YouTube channel and Twitter page.

Our services are available to all single parents, including those who are living in transitional housing; struggling with substance abuse; or have been released from incarceration. To further our mission, SPRC does the following:

1. Develops responsive programs for single parents and their families to fulfill unmet needs.
2. Advocates for improvements in social practices, policies and regulations that affect single parent families.
3. Promotes a positive image of single parents and their families within the community.

**In FY 2023, SPRC served over 2,000 single parents and their families through the following program service accomplishments:**

### PROGRAMS FOR PARENTS

#### **STRENGTHENING FAMILIES PROGRAM:**

SFP is an evidence-based family skills training program found to significantly improve parenting skills and family relationships, while reducing problem behaviors, delinquency and substance abuse. Workshops include topics such as identifying developmentally appropriate behavior; setting realistic goals and objectives; rewarding positive behavior; ignoring negative behavior; fostering healthy communication; and setting limits.

#### **For further information, please contact:**

Spencer Seabrook, Prevention Manager, at 212.951.7030, Extension 231.  
Email: [sseabrook@sprcnyc.org](mailto:sseabrook@sprcnyc.org).

#### **ACTIVE PARENTING**

Active Parent is a parenting and prevention program for custodial and non-custodial parents. There is a strong emphasis on the development of effective communication skills, and on establishing healthy relationships with children.

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Spencer Seabrook, Prevention Manager, at 212.951.7030, Extension 231.  
Email: [sseabrook@sprcnyc.org](mailto:sseabrook@sprcnyc.org).

### PROGRAMS FOR YOUTH

#### **GIRLS CIRCLE:**

Girls Circle, a structured support group for girls and youth, from 9-18 years, who identify with female development, integrates relational theory, resiliency practices, and skills training in a specific format designed to increase positive connection, personal and collective strengths, and competence in girls.

#### **For further information, please contact:**

Erica Fraser, Prevention Specialist, at 212.951.7030, Extension 242.  
Email: [efraser@sprcnyc.org](mailto:efraser@sprcnyc.org).

### PROGRAMS FOR PARENTS

#### **TRIPLE P - POSITIVE PARENTING PROGRAM:**

Triple P gives parents simple and practical strategies to help them build strong, healthy relationships, confidently manage their children's behavior and prevent problems from developing.

#### **For further information, please contact:**

Erica Fraser, Prevention Specialist, at 212.951.7030, Extension 242.  
Email: [efraser@sprcnyc.org](mailto:efraser@sprcnyc.org).

## **PROGRAMS FOR PARENTS** (cont.)

### **SINGLE FATHERS' PROGRAM:**

The Single Fathers' Program is a family support group for custodial fathers, non-custodial fathers and grandfathers who have children under the age of 18 years. Weekly group sessions focus on family management issues and the improvement of relationships with children, grandchildren, co-parents and other family members.

### **For further information, please contact:**

Spencer Seabrook, Prevention Manager, at  
212.951.7030, Extension 231.  
Email: sseabrook@sprcnyc.org.

### **MOTHERS' SUPPORT GROUP:**

The group strives to increase interaction between mothers and their children; reduce family conflict; and improve healthy behavior through effective family management. It also provides mothers with a supportive network.

### **For further information, please contact:**

Erica Fraser, Prevention Specialist, at  
212.951.7030, Extension 242.  
Email: efraser@sprcnyc.org.

## **COMMUNITY OUTREACH**

### **PARENTLINE:**

Parentline is a telephone resource service for single parents and providers who are seeking information about parenting and referrals to community resources.

### **For further information, please contact:**

Erica Fraser, Prevention Specialist, at  
212.951.7030, Extension 242.  
Email: efraser@sprcnyc.org.

## **COMMUNITY EDUCATION WORKSHOPS**

The SPRC staff is available to conduct workshops on single parenting in a wide variety of settings including schools, not for profit organizations, community groups, government entities and corporations.

## **BOARDS OF DIRECTORS**

Amber-Noelle Anthony, Treasurer  
Blythe Brock  
Ukeme, Emem  
Alan Fuchsberg, President  
Trudy Gagne, Secretary  
Russ Schulman, Vice President  
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(ex-officio)  
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Claudia Crowley  
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Deane Allen Gilliam, President Emeritus  
Olivia Leon  
James McDonald  
Jeri Powell

## **STAFF**

Rosemarie Dackerman, M.A., M.Ed., CPP,  
Executive Director  
Charles Edwards, L.M.S.W., Assistant Director-  
Program Operations  
Erica Fraser, B.A., Prevention Specialist  
Eric Hall, B.A., Prevention Manager  
Spencer Seabrook, M.S.W., Assistant Director of  
Programs; Prevention Manager-Fathers and  
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**Fax: (212) 951-7037**  
**Email: [rdackerman@sprcnyc.org](mailto:rdackerman@sprcnyc.org)**  
**[www.singleparentusa.com](http://www.singleparentusa.com)**

## Single Parent Resource Center, Inc.

### Total Support & Revenue - FY 2023

	<u>Unrestricted</u>	<u>Temporarily Restricted</u>	<u>Total 6/30/19</u>
Government Grants	\$736,907	<u>0</u>	\$ 736,907
Contributions	\$ 19,561	<u>0</u>	\$ 19,561
Special Events	\$ 68,634	<u>0</u>	\$ 0
Interest and Dividends	\$ 15,041	<u>0</u>	\$ 15,041
Miscellaneous	\$ 3,516	<u>0</u>	\$ 3,516
<b>Total Public Support &amp; Revenue</b>	<b>\$843,659</b>	<b><u>0</u></b>	<b>\$843,659</b>

### Expenses - FY 2023

Program & Services	\$ 597,423	<u>0</u>	\$ 597,423
Supporting Services:			
Management & General	\$ 99,213	<u>0</u>	\$ 99,213
Fundraising	<u>\$ 83,242</u>	<u>0</u>	<u>\$ 83,242</u>
<u>Total Supporting Services</u>	<u>\$ 182,455</u>	<u>0</u>	<u>\$ 182,455</u>
<b>Total Expenses</b>	<b>\$ 779,878</b>	<b><u>0</u></b>	<b>\$ 779,878</b>
Change in Net Assets- Operations	\$ 63,781	<u>0</u>	\$ 63,781
Non-Operating Activities			
Unrealized (Losses)	\$ 3,514	<u>0</u>	\$ 3,514
Change in Net Assets	\$ 67,295	<u>0</u>	\$ 67,295
Net Assets-Beginning of Year	<u>\$ 724,262</u>	<u>0</u>	<u>\$ 724,262</u>
Net Assets-End of Year	\$ 791,557	<u>0</u>	\$ 791,557

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