



THE SINGLE PARENT RESOURCE CENTER ANNUAL REPORT – FISCAL YEAR 2019

The Single Parent Resource Center, Inc., located in mid-town Manhattan, was started in 1975 as a small pilot program of the Community Service Society of New York. Now, The Single Parent Resource Center is the only independent, not-for-profit organization devoted solely to providing education and support services to a racially and ethnically diverse population of more than 2,000 of New York City's single parent families annually. In addition, thousands of families from all around the country, and from around the world, access information about The Single Parent Resource Center's services through our website, Facebook page, YouTube channel and Twitter page.

Our services are available to all single parents, including those who are living in transitional housing; struggling with substance abuse; or have been released from incarceration. To further our mission, SPRC does the following:

1. Develops responsive programs for single parents and their families to fulfill unmet needs.
2. Advocates for improvements in social practices, policies and regulations that affect single parent families.
3. Promotes a positive image of single parents and their families within the community.

In FY 2019, SPRC served over 2,000 single parents and their families through the following program service accomplishments:

PROGRAMS FOR PARENTS

STRENGTHENING FAMILIES PROGRAM:

SFP is an evidence-based family skills training program found to significantly improve parenting skills and family relationships, while reducing problem behaviors, delinquency and substance abuse. Workshops include topics such as identifying developmentally appropriate behavior; setting realistic goals and objectives; rewarding positive behavior; ignoring negative behavior; fostering healthy communication; and setting limits.

For further information, please contact:

Charles Edwards, Assistant Director of Program Operations, at 212.951.7030, Extension 230.
Email: cedwards@sprcnyc.org.

ACTIVE PARENTING NOW/GUIDING GOOD CHOICES:

Active Parent Now and Guiding Good Choices are parenting and preventions programs for custodial and non-custodial parents. There is a strong emphasis on the development of effective communication skills, and on establishing healthy relationships with children.

For further information, please contact:

Spencer Seabrook, Prevention Manager, at 212.951.7030, Extension 231.
Email: sseabrook@sprcnyc.org.

PROGRAMS FOR PARENTS (cont.)

SINGLE FATHERS' PROGRAM:

The Single Fathers' Program is a family support group for custodial fathers, non-custodial fathers and grandfathers who have children under the age of 18 years. Weekly group sessions focus on family management issues and the improvement of relationships with children, grandchildren, co-parents and other family members.

For further information, please contact:

Spencer Seabrook, Prevention Manager, at 212.951.7030, Extension 231.
Email: sseabrook@sprcnyc.org.

MOTHERS' SUPPORT GROUP:

The group strives to increase interaction between mothers and their children; reduce family conflict; and improve healthy behavior through effective family management. It also provides mothers with a supportive network.

For further information, please contact:

Kathryn Grosch, Assistant Director of Programs, at 212.951.7030, Extension 241.
Email: kgrosch@sprcnyc.org.

PROGRAMS FOR CHILDREN & YOUTH

LIFE SKILLS TRAINING:

LifeSkills Training is a substance abuse and violence prevention program for elementary age children. This program helps children to increase self-esteem, develop healthy attitudes, learn life skills and establish friendships.

For further information, please contact:

Erica Fraser, Prevention Specialist, at
212.951.7030, Extension 242.
Email: efraser@sprcnyc.org.

TOO GOOD FOR DRUGS:

Too Good for Drugs is a substance abuse prevention program for elementary age children. This interactive program teaches youth about how to make healthy choices while encouraging drug free living

For further information, please contact:

Erica Fraser, Prevention Specialist, at
212.951.7030, Extension 242.
Email: efraser@sprcnyc.org.

COMMUNITY OUTREACH

PARENTLINE:

Parentline is a telephone resource service for single parents and providers who are seeking information about parenting and referrals to community resources.

For further information, please contact:

Erica Fraser, Prevention Specialist, at
212.951.7030, Extension 242.
Email: efraser@sprcnyc.org.

COMMUNITY EDUCATION WORKSHOPS

The SPRC staff is available to conduct workshops on single parenting in a wide variety of settings, including community-based organizations, day care centers, churches and schools.

For further information, please contact:

Charles Edwards, Assistant Director
of Program Operations
at 212.951.7030, Extension 230.
Email: cedwards@sprcnyc.org.

**Well managed and fiscally sound,
92% of all monies raised go back to
support programs and services**

THE SINGLE PARENT RESOURCE CENTER

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www.singleparentusa.com

Single Parent Resource Center, Inc.

Total Support & Revenue - FY 2019

	<u>Unrestricted</u>	<u>Temporarily Restricted</u>	<u>Total 6/30/19</u>
Government Grants	\$843,496	0	\$ 843,496
Contributions	\$ 88,733	0	\$ 88,733
Problem Gambling Prevention	\$ 15,000	0	\$ 15,000
Special Events	\$ 0	0	\$ 0
Interest and Dividends	\$ 20,994	0	\$ 20,994
Miscellaneous	\$ 192	0	\$ 192
Total Public Support & Revenue	\$968,365	0	\$968,365

Expenses - FY 2019

Program & Services	\$ 855,662	0	\$ 855,662
Supporting Services:			
Management & General	\$ 61,291	0	\$ 61,291
Fundraising	\$ 17,650	0	\$ 17,650
<u>Total Supporting Services</u>	<u>\$ 78,941</u>	<u>0</u>	<u>\$ 78,941</u>
Total Expenses	\$ 934,603	0	\$934,603
Change in Net Assets- Operations	\$ 33,762	0	\$ 33,762
Non-Operating Activities Unrealized (Losses)	(\$ 9,465)	0	(\$ 9,465)
Change in Net Assets	\$ 24,297	0	\$ 24,297
Net Assets-Beginning of Year	<u>\$560,889</u>	0	<u>\$560,889</u>
Net Assets-End of Year	\$585,186	0	\$585,186

The Single Parent Resource Center,
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The Single Parent Resource Center is a tax-exempt organization under section 501(c)(3) of the IRS code. Donations are tax-deductible to the extent allowed by the law.